

Art.no.: RNF34OV

Version 001

FALAFEL**DESCRIPTIVE NAME:**

Falafel, pre-fried, deep frozen

PRODUCT DESCRIPTION:

Vegetable discs made of minced chick peas, herbs and spices, pre-fried and shock-frozen.

Appearance/colour: Falafel with light brown and rough surface
Odour/Taste: like chick peas, herbs and spices, lightly peppery; no off-odour/-flavour
Texture: crunchy surface with mellow inner core which should not be too soft

Size: round
Weight: 16g

The used ingredients are in accordance with the valid Ardo Austria-Frost-Specifications.

INGREDIENTS:

Chick peas 60%, Onion, Sunflower oil, WHEAT semolina, Parsley, Corn starch, Salt, Spices, Baking agent Sodium bicarbonate

ingredients	%	components / additives
Chick peas	60	
Onion	12	
Sunflower oil	9	
Wheat semolina	9	
Parsley	6	
Corn starch	1,8	
Salt	0,9	
Spices	<1	Coriander, garlic, cumin, cayennepepper, black pepper
Baking agent	<1	Sodium bicarbonate E500

PREPARATION INSTRUCTIONS:

Oven: Place the product in a single layer on a baking sheet. Bake in a pre-heated oven at 160°C for 9 - 12 min.

Fryer: 3 - 4 min at 175°C

SPECIFICATION
Final product

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NUTRITIONAL VALUES: (average per 100g, calculated values)

Energy	953	kJ /
	228	kcal
Fat	12	g
of which saturated fatty acids	1,3	g
Carbohydrates	22	g
of which sugar	1,6	g
Dietary fibres	4.0	g
Protein	6,9	g
Salt	0.96	g

ALLERGENS:

	yes	no	comment (source if "yes")
Cereals containing gluten (wheat, ..) and products	X		Wheat semolina
Crustaceans and products		X	
Egg and egg products		X	
Fish and fish products		X	
Peanuts and peanut products		X	
Soybeans and soybean products		X	
Milk and dairy products (incl. lactose)		X	
Nuts and nuts products		X	
Sesame seeds and products		X	
Celery and products		X	
Mustard and mustard products		X	
Sulfite > 10 mg/kg		X	
Lupine and products		X	
Molluscs and products		X	

MIKROBIOLOGICAL LIMITS:

	target	maximum	unity
Aerobic plate count	500.000	1.500.000	cfu/g
Enterobacteriaceae	1.000	10.000	cfu/g
E. coli	10	100	cfu/g
Yeasts and moulds	1.000	5.000	cfu/g
Listeria monocytogenes	10	100	cfu/g
Salmonella	neg./25g		

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FALAFEL**FOOD LEGISLATION:**

The product complies with the Austrian and EU food law and is free of pathogene microorganism.

DECLARATION OF NON-GMO

Hereby Ardo declares that none of our products, produced, packed, delivered and sold are genetically modified. None of the ingredients contain any genetically modified organism. No biotechnology or processing agents produced by means of gentechonology have been used during production. The product complies with the European non-GMO regulation (EG) nr. 1829/2003 and 1830/2003.

TRANSPORT: at -18°C or colder

STORAGE: at -18°C or colder

SHELF LIFE: 24 months

Created by:
Product development

replaces
version:

Date	04.05.2018	
Name	M. Hõing	
Reason for change		