

TEMPURA FISH – COD



Product name: **Tempura fish from COD - Frozen**
Latin name: Gadus morhua
HS code: Frozen - **1604.3209**

Products specifications

The tempura fish is made from 100% cod fillet. Without bones and skin or parasites.

It is deep fried in sunflower oil, and semi cooked for 120 seconds.

Product is quick frozen right after cooking in -45 degrees.

EU/EFTA Factory Number: H062

Under the The Icelandic Food and Veterinary Authority. HACCP registered factory

Packing style: 8 kg IQF per box

Shelf life: 2 years

Ingredients: COD (69%), Rapeseed oil. Tempura. E341, E500, salt), maizena, Pilsner

(water, malted barley, hops og yeast) (flour, flour emulsifier E300. Garlic Salt, pepper,

Preparation guide after defrost is 15-20 minutes in oven at /200 degress or deep fry in 2-3 minutes.

Loading Info: 72 x 8 kg per pallet (total 576 kg)

Nutritional value per 100gr:

Energy: 608/145 kkal

Fat: 7,1 g (which of saturated 0,9)

Carbohydrate: 4,8g which of sugars, 0

Fiber: 0,1g / Protein: 15g / Salt 0,42g



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