

European Quality		Controlled Copy for Pack Labelling Confidential - Artwork or Internal use only	
Coco Pops 50% Vit D (GPRS 100549) GPRS 100549		Revision No.: v 12.0 Date: 2019-01-16 Language: English	
Legal Food Name			
Chocolate flavour toasted rice.			
EU Ingredients			
Rice, Glucose Syrup, Sugar, Fat Reduced Cocoa Powder, Cocoa Mass, Salt, Barley Malt Extract, Flavourings.			
Vitamins & Minerals: Niacin, Iron, Vitamin B6, Vitamin B2(Riboflavin), Vitamin B1(Thiamin), Folic Acid, Vitamin D, Vitamin B12.			
For allergens see ingredients highlighted in bold			
May Contain Milk			
Suitable for Halal, Kosher Pareve, Vegetarians			
Nutrition Information			
	Typical value Per 100g		per 30 g serving
ENERGY	1621 kJ 382 kcal		486 kJ 115 kcal
FAT	1.9 g		0.6 g
of which saturates	0.9 g		0.3 g
CARBOHYDRATE	84 g		25 g
of which are sugars	17 g		5.1 g
FIBRE	3 g		0.9 g
PROTEIN	6.3 g		1.9 g
SALT	0.65 g		0.20 g
VITAMINS:		% NRV	% NRV
VITAMIN D	8.4 µg	(167)	2.5 µg (50)
THIAMIN (B ₁)	0.91 mg	(83)	0.28 mg (25)
RIBOFLAVIN (B ₂)	1.2 mg	(83)	0.35 mg (25)
NIACIN	13.3 mg	(83)	4.0 mg (25)
VITAMIN B ₆	1.2 mg	(83)	0.35 mg (25)
FOLIC ACID	166 µg	(83)	50.0 µg (25)
VITAMIN B ₁₂	2.1 µg	(83)	0.63 µg (25)
MINERALS:			
IRON	8.0 mg	(57)	2.4 mg (17)

	Level per Serving	% RI	RI
Calories kJ	486		
Calories kcal	115	6	2000
Fat g	0.6	<1	70
Saturates g	0.3	1	20
Sugars g	5.1	6	90
Salt g	0.20	3	6
Energy level per 100g		1621 kJ	
Energy level per 100g		382 kcal	

All information contained within this document is correct at the time of publishing. The information is subject to change from time to time. Please refer to the product artwork for the most accurate and up to date information.